

WHAT IS THE MISSION OF HEALTH MASTER GLOBAL (HMG) ?



Mission

Raising the standards of health services and scientific research to enable the provision of accurate diagnosis, treatment, follow-up, and preventive medicine services.

Method

For patients and clients receiving health services preparing the required scientific health platform to ensure they can receive accurate diagnosis, treatment, and follow-up services.

For health professionals providing health services preparing the required scientific health platform to ensure they can receive accurate diagnosis, treatment, and follow-up services.

For scientists doing clinical scientific research work preparing the scientific infrastructure for the planning, execution and interpretation steps required for accurate scientific research.

For WHO or health ministries preparing the scientific infrastructure and working platform to reduce general health risks (preventive medicine, endemic, pandemic ...)

Products

Hundreds of integrated WEB/mobile applications with interactive features are used in the Health Master Global and Health Master Global Solution Partners Network projects.

With these applications, **fully and semi-automated menus** can be recommended for more than 5 000 diseases and recommendations for drugs, dietary supplements, and exercise can be made.

Biochemical, anthropometric parameters such as exercise, stress, etc. can be viewed as **interactive graphs**, while radiological images can be viewed on an **anatomical model**.

In addition, patients or clients compliance with nutrition, exercise and drug/dietary supplement recommendations can be monitored interactively.

THE HUMAN BODY (An amazing system and a work of art)

The human body is an incredibly **complex** structure.

Approximately 40 trillion cells and as many bacteria continuously work through an incredible communication network to do their job well by both replacing dead cells and maintaining their existence.

To make things clearer, let's assume that each cell is a car factory. Imagine that these cells produce over a thousand cars every day by combining approximately 30,000 different parts needed for the construction of a car.

A simple calculation would show that for each of the 7.6 billion people living on earth 50.000 new cars will be produced every day.

The human body is able to take care of the sinequa non of the cell's needs, **THE NEED TO BREATHE** (oxygen, nitrogen, argon, carbon dioxide) and adjust the breath count and depth automatically without requiring any external calculations.

Unfortunately, the human body cannot automatically regulate its **nutritional needs** as easily as it breathes.

This rather complex need can only be regulated unreliably by feelings such as hunger, fullness, thirst, etc. to control energy and fluid needs.

Because of this, hundreds of nutrients essential for healthy nutrition are ingested without any scientific control.

Because they are not ingested within the required range, neither quality nor the expectancy of life can be increased.

For all cells of the human body to function at their best, how much of energy, water, and thousands of nutrients (up to 140 could be standardized to this day) should be determined in light of scientific data, and should be ingested by the body as food/drinks.

DOES THE HUMAN BODY NEED AN OPERATION MANUAL AND INDICATORS ?



THE HUMAN as a car without an operation manual or indicators

Imagine that you are a car with no [operation manual or indicators](#).

You will need to control hundreds of factors, such as how much of which fuel you should use and of what octane, the volume of your fuel tank, how much fuel you have left, how fast your fuel will drain if you drive at what speed, how far gas stations are, your risk of being stranded, which motor oil you use, when that motor oil needs renewing, how fast you should go, whether the road has lanes, how you will manage your speed when cornering, the hydraulics of your brakes and steering wheel, your gearbox oil, antifreeze, air conditioning refrigerant, water to clean windshields, tire air pressure (Psi.), etc.

Almost every car owner controls some of these parameters themselves, and regularly takes their car to get serviced.

As you can imagine, [the needs of the human body are much more complex](#) and in the presence of diseases require controlling many more parameters more frequently.

Unfortunately, the awareness we have for our own body is insufficient when compared to what we have for our cars. An important reason is that we can't manage the data of the much more complex human body as easily.

Us health professionals don't possess the intelligence to process the data and parameters to provide right solutions like a [powerful software](#).

For this reason we are trying to fulfill our responsibilities with risk of error.

For example, we can only provide our patients/clients nutritional recommendations approximately with few parameters such as energy, CH, protein, etc.

We ignore the remainder, about 140 nutrients, each of which very valuable.

We can compare this to only checking the fuel and the air pressure of two tires of our car, and disregarding the other needs.

Once again, to [properly diagnose diseases and recommend drugs and nutritional supplements](#), millions of complex parameters far beyond the capacity of the human intelligence must be processed and interpreted.

[About 25 years ago, the solution to this very complex need started to develop with the planning of Health Master Global projects.](#)

Goals of Health Master Global and the HMG Solution Partners Network .

These projects were planned by Hakan HAMZAÇEBİ, M.D. and esteemed colleagues to raise the infrastructure of the world health platform to its ideal level, and were realized over the course of about 20 years.

The ultimate goal of the projects is to provide [scientific, high quality, transparent, widespread and easily accessible health services to 7.6 billion people, to reduce errors in patient diagnosis, treatment and follow-up](#), thus reducing the problems of trust, respect and love between medical professionals and patients/clients.

To achieve this goal, HMG has developed hundreds of WEB/Mobile applications supported by thousands of very special algorithms ([many of which world tech giants couldn't accomplish, let alone imagine](#)) since 2001.

This way, we foresee that a significant amount of problems relating to patient diagnosis, treatment and follow up will be eliminated over the years.

At the root of these problems is the lack of standardization in clinical scientific research planning, execution and interpretation. Without correction, an improvement in patient diagnosis, treatment and follow-up, and thus trust and satisfaction can not be expected.

Let's make it clearer with an example. Unfortunately, [in none of the clinical scientific research studies carried out to this day](#), have the daily nutritional requirements (energy + water + about 140 nutrients) of the participants been determined, and have menus suitable for the determined composition been recommended.

There is no doubt that participants higher or lower intake of even one nutrient, let alone all known nutrients, would result in erroneous execution and interpretation of the research.

Unfortunately, the fact that such an important standardization has not been achieved until today casts a shadow of doubt on all clinical scientific research studies carried out.

Goals of Health Master Global and the HMG Solution Partners Network ..

In order to maintain their existence in the current order, scientists conduct and interpret "wonderful" studies without questioning these or similar issues,

What is even more regrettable is that other scientists who read these studies [plan their new studies incorrectly in the light of this information](#), and columnists may [make speculative comments](#), leading everyone further away from the truth.

HMG plans to provide scientists with the ability to ensure participant nutritional standardization by 2020, which is the most important part of nutritional standardization.

HMG also [plans to determine](#) the amounts of an [additional 1000 nutrients](#) contained in food and drinks, and how much individuals need in their daily life, first in Turkey by 2022, then the rest of the world.

Unfortunately, the task assigned to health professionals (determining the daily nutritional requirement composition of energy+water+about 140 nutrients and making accurate menu recommendations) is far beyond the capacity of the human intelligence.

Let us (all health professionals serving all over the world) come together, and let us be allowed to use all software regarding nutrition with no time constraints.

[Let's say we are asked to determine the daily nutritional needs of a patient/client in light of current scientific data](#), prepare an appropriate menu and show all the steps of each procedure transparently.

Unfortunately, it is not possible for health professionals to perform these procedures (recommending a menu with scientific standards to a patient) [without the use of HMG applications today, despite their selfless work, scientificness and relentless struggles that deserve every kind of appreciation](#).

Goals of Health Master Global and the HMG Solution Partners Network ...

HMG projects also enable all health professionals who provide services other than healthy nutrition and living the ability to process all required parameters simultaneously and provide scientific services (diagnosis, treatment, follow-up, preventive medicine).

Even the verbal explanation of how it was resolved and how and why it provides what takes 40 hours, therefore it will not be mentioned in this document.

With the use of the infrastructure that will be provided by HMG in the following years, diagnosis, treatment, follow-up, preventive medicine, menu recommendations, and scientific research will become unarguably more scientific, transparent and trustworthy.

Let's look at the HMG projects from a socio-economic framework. HMG aims to provide services **to at least 3% of the World Health System by the end of 2024.**

Given that we have no alternatives in the world on this subject, it is conceivable that much more might be possible. Unfortunately, there are too many factors in the world that we can't control.

We anticipate that the population receiving services offered by HMG in the world will continue to increase with each passing year. The total of world health expenses are expected to be approximately 13.5 trillion USD by the end of 2024.

To learn more about Health Master Global apps, which will be released on WEB and mobile platforms in the coming months.

You can visit our YouTube address

<https://www.youtube.com/c/HEALTHMASTERGLOBALSOFTWARE>

and sign up via www.healthmaster.ist to try out available features.

Hakan HAMZAÇEBİ, M. D.